

# attending an event?

## how to protect yourself and others from coronavirus

We are sure you are well aware of coronavirus (COVID-19). While its impact on most people is said to be mild, we want you to take away nothing but positive experiences from our events. Here are some tips to avoid picking up anything else.

### Protect yourself and others

- wash your hands with soap and water for at least 20 seconds – do this regularly, particularly when you arrive at or leave an event
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin straight away and wash your hands afterwards
- do not touch your eyes, nose or mouth if your hands aren't clean

### Is it OK to shake hands?

We don't want to ask people not to shake hands, but please be understanding if someone doesn't wish to shake hands with you. We want everyone to feel comfortable at our events.

The health and safety of every visitor is always a top priority. We continue to monitor the coronavirus situation and follow government and Public Health England advice and guidance to make sure the wellbeing of every attendee is cared for at our events.

Now you're all prepared, we hope you have a great experience at your event with us. If you have any questions or need any assistance, please speak to a member of our team.

